



Prevention Education Treatment Recovery Assistance

RESOURCES FOR LITTLETON AREA

Daily Needs » Family Support

Below is a list of resource for the Littleton Area area. Contact us for one-on-one support/guidance at 603-259-1729 Mon-Fri: 8am-4:30pm.

Family Resource Center

Address: 123 Main Street, Gorham, NH 03581

Primary Phone: 603-466-5190

Website: <http://www.frc123.org>

Services:

Healthy Families America is a nationally recognized program for Prenatal to Age 3 focusing on prenatal care, successful birth and infant weight, parent-child interaction, strong relationships and optimal childhood development outcomes.

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Services:

Positive Solutions for Families provides a Parenting Workshop to offer tips through effective evidence-based strategies to help with communication

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Services:

Toddler Time: Where parents and toddlers come together to play, learn new parenting tips and connect with one another.

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Services:

Children in the Middle is a program is to help parents who are separated or divorced by teaching them skills

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Services:

Community Based Voluntary Services is a preventative program that helps families stabilize and create a plan on how to grow in the future.