DISPOSE OF YOUR UNNEEDED MEDICATION

Help prevent pollution, poisonings and drug abuse! Dispose of your unneeded medications by following these six steps.

6 STEPS TO SAFETY
1) Pour medicine into a sealable plastic bag.

2) If the medicine is a solid, add a small amount of water to dissolve it.

3) Add any undesirable substance (such as dirt, coffee grounds or kitty litter) to the liquid medicine in the plastic bag.

4) Seal the bag and immediately dispose of it in the trash.

5) Use marker to black out any personal contact information on the empty medicine container prior to recycling or disposing of it in the trash.

6) For more information consult www.nh.gov/medsafety.

Don’t keep unneeded medications in the home.

Please do not flush medication down the toilet unless the product information says it is safe to do so.

Check with your local law enforcement in case they have a permanent disposal container or know of a medicine collection event coming up.

For more information on medications or in case of accidental poisonings call the Northern New England Poison Center 1-800-222-1222