



## **Is Medication Assisted Treatment (MAT) the Right Path for You?**

### **Pros**

- **Helps individuals avoid withdrawal symptoms**
- **Increases access to treatment options**
- **Provides access to counseling and groups**
- **Provides access to case management**
- **Medication is monitored by a physician**
- **There is a high level of accountability**
- **Reduces the risk of overdose**

### **Cons**

- **The medications can become addictive**
- **The medication can be long-term for some people**
- **Not all programs are created equal**

**\*\*\*Some MAT Programs do not offer a full array of services; it is necessary to ask questions and choose a quality program that is right for you\*\*\***

**For information or questions contact The Doorways: 2-1-1**

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