

TAKE ACTION AND SAVE A LIFE.

PLEASE BE SAFE. IF SOMEONE IS UNCONSCIOUS, DON'T BE AFRAID.

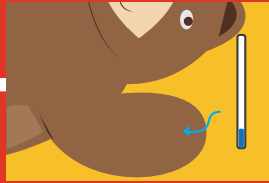
HOW TO TELL IF SOMEONE IS OVERDOSING



NOT BREATHING OR SHALLOW BREATHING



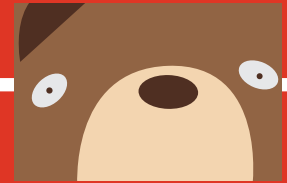
GURGLING SOUNDS OR SNORING LOUDLY



SKIN FEELS CLAMMY AND COLD



LIPS AND NAILS ARE BLUE



PUPILS ARE PINNED

WHAT TO DO



SHAKE + SHOUT



GIVE NALOXONE



CHECK AIRWAYS



RESCUE BREATHING + RECOVERY POSITION



CALL 911



DON'T LEAVE

RECOVERY POSITION



Head should be tilted back slightly to open airway

Hand supports head

Knee stops body from rolling onto stomach

RESCUE BREATHING



1 Place person on back

2 Tilt up chin to open airway

3 Check to see if there is anything in mouth, if so clear it

4 Pinch nose, do mouth-to-mouth, give two breaths

5 After 5 seconds, breathe again

6 Give a breath every 5 seconds

WE ARE AT RISK FOR OVERDOSE WHEN WE:

- USE FENTANYL
- MIX OPIATES WITH ALCOHOL & BENZOS
- USE OPIATES WHEN WE GET OUT OF DETOX OR JAIL
- USE ALONE

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