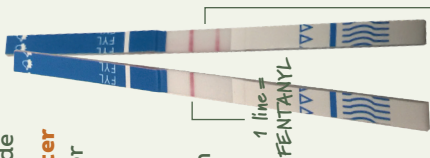


Fentanyl Test Strips: A quick guide for use

1. **Mix** your drugs and prepare your shot
2. Set syringe aside
3. **Add sterile water** to the cooker or spoon you just used
4. **Dip** the end of the test strip in the water for **15 seconds**
5. Place the test strip on flat surface
6. **Wait 1 minute** for results



How to Use Naloxone: A step-by-step guide

- 1 **Ensure your own safety & call 911** immediately
- 2 **Place & hold** nozzle in 1 nostril
- 3 **Press plunger** to release dose into nose
- 4 If **no reaction** after 2-3 minutes, **give a 2nd dose**

Stay with the person until medics arrive

The Good Samaritan Law protects you for reporting an overdose.

Know Your Status. Get Tested.

Knowing your HIV status gives you the power to stay healthy and to keep others healthy.

To find a test site near you:

Call: 1-800-232-4636

Text: your 5 digit zip code to KNOW IT (566948)

For resources and info:

Visit: AskPETRA.org *-or-* cdc.gov/hiv/testing



Credited by Sherry Miller, East Coast Project

Knowledge is Power.

Tips for Safer Substance Use

Don't use alone and don't share with others

Don't mix substances

Try a **small test amount** first

Use fentanyl test strips

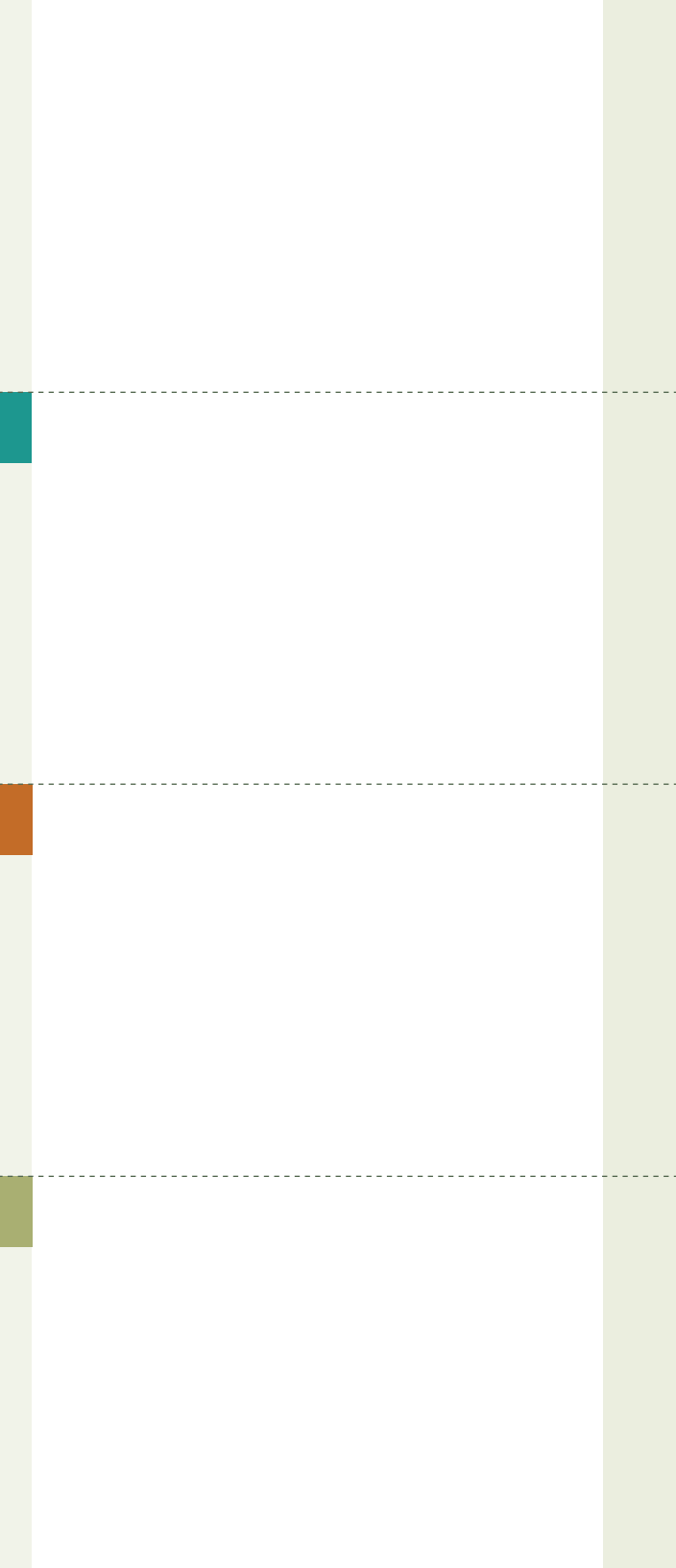


Take care of your health & stay hydrated

Know the signs of an overdose & **carry naloxone**

Use **sterile supplies**

For sterile supplies visit: nextdistro.org



Confidential,
free resources
for daily
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treatment,
and recovery
options



Text "TALK" to 603-259-4820

Call 603-259-1729

Email AskPETRA@NCHCNH.org

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