



Prevention
Education
Treatment
Recovery
Assistance

If you live in Northern NH, AskPETRA can connect you with resources to help with treatment and recovery – **plus many other supports you might need** to help you along your journey to achieve overall wellness. **Free help includes** everything from finding housing and transportation to harm reduction and getting naloxone.

AskPETRA.org

Local Help for Local Needs



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The Wellness And Recovery Model (WARM) Program provides

No-Cost Recovery Support Services

We can help you on your path of recovery!

A Community Health Worker/Recovery Coach (CHW/RC) can help promote recovery by removing obstacles. Free Services Include:

Education ▶ Information on Substance Use Disorder (SUD) as a disease, harm-reduction resources, treatment options and understanding of multiple pathways for recovery.

Support ▶ Assistance in developing a strong foundation for recovery by removing barriers.

Treatment Access ▶ Assistance in navigating the treatment world.

Advocacy ▶ Always being in your corner and never judging.

Empowerment ▶ Providing guidance, encouragement, motivation, and tools—and coaching you through the processes of achieving your recovery goals.



To connect with a Community Health Worker/Recovery Coach (CHW/RC), call: 603-259-1729

