



**Prevention Education Treatment Recovery Assistance**

**Crisis Resources**

<p style="text-align: center;"><b>911</b></p> <p style="text-align: center;"><i>24/7 response for any situation that requires immediate assistance from the police, fire department, or ambulance.</i></p> <p style="text-align: center;"><b>DIAL: 911</b></p>	<p style="text-align: center;"><b>AIDS Hotline</b></p> <p style="text-align: center;"><i>M-F 12pm -5pm ET. Spanish speaking support available.</i></p> <p style="text-align: center;">(800)342-2437 TTY: (888)480-3739</p>
<p style="text-align: center;"><b>Crisis Text Line</b></p> <p style="text-align: center;"><i>Free, 24/7 support for any crisis.</i></p> <p style="text-align: center;">Crisistextline.org TEXT: "HOME" to 741741</p>	<p style="text-align: center;"><b>Domestic Violence Hotline</b></p> <p style="text-align: center;"><i>Free, confidential 24/7 support. Spanish speaking support available.</i></p> <p style="text-align: center;">(800)799-SAFE (7233) CHAT: Thehotline.org TTY: (800)787-3554</p>
<p style="text-align: center;"><b>National Graduate Student Crisis Line</b></p> <p style="text-align: center;"><i>Free, 24/7 support for grad students</i></p> <p style="text-align: center;">(877)472-3457 Gradresources.org</p>	<p style="text-align: center;"><b>National Suicide Prevention Hotline</b></p> <p style="text-align: center;"><i>Free, confidential 24/7 support for individuals in crisis and their loved ones. Spanish speaking support available.</i></p> <p style="text-align: center;">(800)273-TALK (8255) TTY: dial 711 then (800)273- TALK (8255) CHAT: Suicidepreventionlifeline.org</p>
<p style="text-align: center;"><b>Poison Control</b></p> <p style="text-align: center;"><i>Free, confidential 24/7 live support.</i></p> <p style="text-align: center;">(800)222-1222 Poison.org</p>	<p style="text-align: center;"><b>Post-Partum Depression Hotline</b></p> <p style="text-align: center;"><i>Leave a confidential message and it will be returned. Spanish speaking support available.</i></p> <p style="text-align: center;">(800)944-4773 TEXT IN ENGLISH: 800-944-4773 TEXT EN ESPAÑOL: 971-203-7773 Postpartum.net</p>
<p style="text-align: center;"><b>The Trevor Project</b></p> <p style="text-align: center;"><i>Free, 24/7 support for LGBTQ youth. Chat support available on website.</i></p> <p style="text-align: center;">(866)488-7386 TEXT: "START" to 678-678 Thetrevorproject.org</p>	<p style="text-align: center;"><b>Veterans Crisis Line</b></p> <p style="text-align: center;"><i>Confidential 24/7 support for veterans and their family and friends</i></p> <p style="text-align: center;">(800)273-8255- press "1" TEXT: 838255 CHAT: Veteranscrisisline.net</p>