

WHAT TO DO AFTER NALOXONE

STAY with someone for at least 2 hours. Make sure they can monitor you for any other health problems and call 911 if necessary.



Next, **REPLACE** your naloxone kit. If you've OD'ed once, you're likely to OD again. Get a replacement kit (available from AskPETRA), check the expiration, carry it with you, and let others know you have it. You can save a life. Someone can save yours.

603-259-1729
Mon-Fri, 8-4:30



Don't use substances again for at least 30-90 minutes. If you're experiencing withdrawals, **WAIT** to get well before using again. Taking more opioids after naloxone can result in a second overdose.



Experiencing an overdose can be upsetting. It can help to **TALK** to someone you trust.

Find that person by calling AskPETRA. Calling AskPETRA is free and confidential.

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SAVE NALOXONE LIFE

*Be the hero
-carry naloxone*

Naloxone can cause withdrawal symptoms and a powerful urge to take more of the drug that led to the overdose. Anyone who has been revived using naloxone should understand the risks involved in taking more drugs afterwards. Taking more drugs after being administered naloxone can result in a second overdose.

Reduce the possibility of dying from an overdose by 50%. Consider Medication Assisted Treatment (MAT). Methadone or Buprenorphine can help. If it's time for a change, call AskPETRA at 603-259-1729 or text "TALK" to 603-259-4820 M-F 8-4:30. Community Health Worker/Recovery Coaches are available to support you as you move forward.

If you live in Northern NH, AskPETRA can connect you with resources to help with treatment and recovery – plus many other supports you might need to help you along your journey to achieve overall wellness.



Browse AskPETRA resources online or get personal assistance from a trained Community Health Worker/Recovery Coach. All services are free and confidential.

AskPETRA.org

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Prevention
Education
Treatment
Recovery
Assistance



This program is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number GAI1RH33527 as part of an award totaling \$1,000,000 with 0% percentage financed with nongovernmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement by HRSA, HHS or the U.S. Government.

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